



Government of Karnataka



Department of AYUSH

Government Ayurveda Research Centre, Mysuru

*Certificate*

Of Achievement

This Certificate is proudly presented to

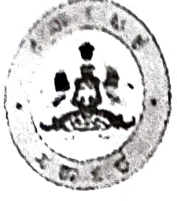
*Mandana Rangawajiula*

For securing **First Place** in the Online Scientific **National Oral Paper Presentation** conducted by the Government Ayurveda Research Centre, Mysuru, on the occasion of International Day of Yoga 2025.

**Dr. Lakshmi Narayan Shenoy**

Assistant Director

Government Ayurveda Research Centre  
Mysuru



ಸರ್ಕಾರಿ ಆಯುರ್ವೇದ ಸಂಶೋಧನಾ ಕೇಂದ್ರ  
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Dear Nandana Rangawajjula

04/06/2021

Heartiest congratulations on your outstanding performance in the National Oral Paper Presentation Competition held on the eve of the 11th International Day of Yoga, organized by the Government Ayurveda Research Centre, Mysuru. Your achievement in such a prestigious event, especially under the inspiring theme "Yoga for One Health, One Globe", is truly commendable. This theme beautifully emphasizes the interconnectedness of individual well-being, global health, and harmony with nature—an ideal that your presentation powerfully conveyed.

Your presentation stood out not only for its scholarly depth but also for the unique way you harmonized ancient yogic wisdom with innovative, modern perspectives. It was truly an eye-opener, especially for the youth, igniting a sense of pride and curiosity about our rich heritage while encouraging forward-thinking approaches. Your ability to communicate complex ideas with clarity and passion made a lasting impression on both the audience and the panel, making your contribution one of the highlights of the event.

We salute your dedication and the zeal with which you embraced this opportunity, and we look forward to seeing the same enthusiasm in all your future endeavors. Your work sets a shining example for your peers and serves as a motivating force for upcoming generations. Wishing you continued success and many more milestones ahead as you carry this spirit of excellence and innovation into the future.

Once again, congratulations on this wonderful achievement. May you continue to inspire and make meaningful impacts in the field of yoga.

With warm regards,

Dr Lakshmi Narayan Shenoy

Assistant Director  
**Assistant Director (Research)**  
Government Ayurveda Research Centre  
Mysuru  
**MYSURU**